

Hosting in a Nutshell

A simple guide for Talamh Beo local gatherings

Talamh Beo is building a movement of farmers, growers, and communities working together for a fairer food system. That movement depends on our members, people like you, people willing to bring others together locally, on their own terms. You don't need to be an expert. You don't need to give a talk. **If you can offer a cuppa and a bit of space, you can host.**

1. Can I do this?

- ☐ I know my capacity: how many people feels manageable and what I'm comfortable sharing
- ☐ Parking: where will people leave the car? Does it limit numbers?
- ☐ I've set my boundaries: which areas are open, which are private
- ☐ I remember: two people and a good conversation is a real success
- ☐ I am a Talamh Beo member and I have registered to be an event host

2. What's the shape of it?

- ☐ Format picked: walk, informal member meet-up, hedge school, skill-share, seed swap, meithal, mapping, or something simpler
- ☐ Date & time chosen: what fits my season and my farming calendar
- ☐ Location confirmed: my place, a neighbour's, or a community park or other space

3. Who needs to know?

- ☐ Talamh Beo has been notified (so they can offer support and spread the word) and has approved my event
- ☐ A few personal invitations sent: call, text, or voice note. That's all it takes

4. On the day, the small things

- ☐ Toilets: even if it's just "the house is open, we'll point you there"
- ☐ Tea & a bite: kettle and biscuits is plenty
- ☐ Access note: anything people should know? Uneven ground, steps, dogs, kids?
- ☐ Photo consent: mention at the start: "We will take some photos to share with the wider Talamh Beo community, is that okay?"
- ☐ First aid kit & phone signal: just know where they are

5. After the gathering, a quiet reflection

- ☐ What worked? What would I do differently?
- ☐ Anything Talamh Beo could help to improve? Let us know!

If people leave feeling less alone than when they arrived, you've done the real work. Everything else grows from that.

Need a hand? Contact allison@talamhbeo.ie (Mon/Tues/Thurs) or visit: <https://talamhbeo.ie/>